



Nurse Leader

From the Chair by Dana Hunt

Greetings!

Happy Holidays fellow nurses. I hope you've had a wonderful fall! Many of our leaves have fallen, the morning air has turned brisk, and now the holidays are among us.

It is definitely a busy time of the year as we rush to prepare for the holidays and the cold weather. As we get entangled with our tasks of shopping, decorating, wrapping, sending cards and gifts, baking, cooking, and holiday gatherings, we often don't have time to enjoy TWO essential things at the holidays- PEACE and JOY. Peace and Joy are two things that can rejuvenate our minds, and provide the sense of fulfillment we all need in our personal and professional lives.

During the holidays, take time to find PEACE within your family, within your job, and within your community. Embrace the things you have and search for your meaning of PEACE. Find JOY in the festivities that you participate in. It's hard to not feel rushed and stressed during the holidays, or sometimes we might have feelings of sadness for missing loved ones or broken traditions. These emotions can be overwhelming and distract us from the true meaning of our holidays. Continue on page 5

The Inside Scoop:

Parish nurses have served in a faith-based setting for many years. Parish nurses provide education, consultation, and research. The International Parish Nurse Resource Center (IPNRC) now called, the Church Health Center, (CHC) continues to provide guidance to parish nurses. Their website reports, parish nurses, sometimes called faith community nurses, are licensed registered nurses who practice whole-person health and spiritual care as members of pas-

toral teams in a variety of religious faiths throughout the world. There are an estimated 15,000 parish nurses in the world. Parish nurses are licensed, registered nurses who practice wholistic health for self, individuals and the community using nursing knowledge combined with spiritual care. They function in paid and unpaid positions as members of the pastoral team in a variety of religious faiths, cultures, and countries. Continue on page 2

Fourth Quarter 2012

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The focus of their work is on the intentional care of the spirit, assisting the members of the faith community to maintain and/or regain wholeness in body, mind, and spirit. Their practice is governed by the nurse practice act of their state, the Nursing: Scope and Standards of Practice, Faith Community Nursing: Scope and Standards, and the Code of Ethics with Interpretive Statements (for nurses).

Parish nursing is a growing specialty practice of nursing that is recognized by the American Nursing Association as Faith Community Nursing. It is also a ministry that is embraced by many different Christian denominations as well as other faith traditions.

The role of a parish nurse is governed by the American Nurses Association's Scope and Standards for Registered Nurses, Scope and Standards for Faith Community Nurses, the Nurse Practice Act in the state the nurse practices, and the tasks in which the nurse owns competency. Actions and tasks will include:

- Advocacy, education, and referrals for clients.
- Monitoring of the health and spiritual issues of clients.
- Providing emotional and spiritual support to clients and families.
- Actions that are derived from nursing diagnosis and assessments according to the nursing.
- Scope and Standards for Registered Nurses and the Scope and Standards for Faith Community Nurses.
- Any medical care for which the nurse is licensed or has been declared 'competent' to provide – if the medical care required is not a current skill of the nurse, then a referral to the appropriate care giving service or emergency treatment is the only course of action.
- Any care that is provided as a 'good Samaritan' in an emergency situation when other caregivers are not available.

Actions and tasks that are not included:

- Treatments, medications, medical care that must be directed/supervised by a physician's order.
- Routine medical care that is the responsibility of agencies under the client's physician's direction.

Parish nurses provide another way to connect people to health services and to promote healthy behaviors.

http://www.parishnurses.org/WhatisaParishNurseFaithCommunityNurse_299.aspx

Missouri Nurses for Public Health will meet on December 6, 2012 at The Mansion at Elfindale 1701 South Fort Avenue Springfield Missouri between 10:00 am to 2:00 pm. The focus of this meeting will be about parish nursing. We will have our annual silent auction so bring an item or two to donate. In addition, bring your money to purchase items as this is an excellent opportunity to obtain holiday gifts. Money collected supports our group activities. Contact **Linda Maddux** (lmaddux@springfieldmo.gov) and RSVP to the meeting.

Getting to Know: Linda Maddux

Missouri Nurses for Public Health 2012-2014 Officers

Dana Hunt, Chair

Suzi Seely, Chair-elect

Linda Maddux, Secretary

Sara Muegge, Treasurer

Pam Bryant, Historian

How did you become interested in public health nursing?

I became interested in Public Health after learning more about it from a friend working in public health. It is so varied in your duties, and the different ways you can make a difference for many people are exciting aspects of public health.

What is your favorite book to read?

The Clan and the Cave Bear by Jean Auel, was a really good read even if the title makes you wonder if it could be something you might want to read.

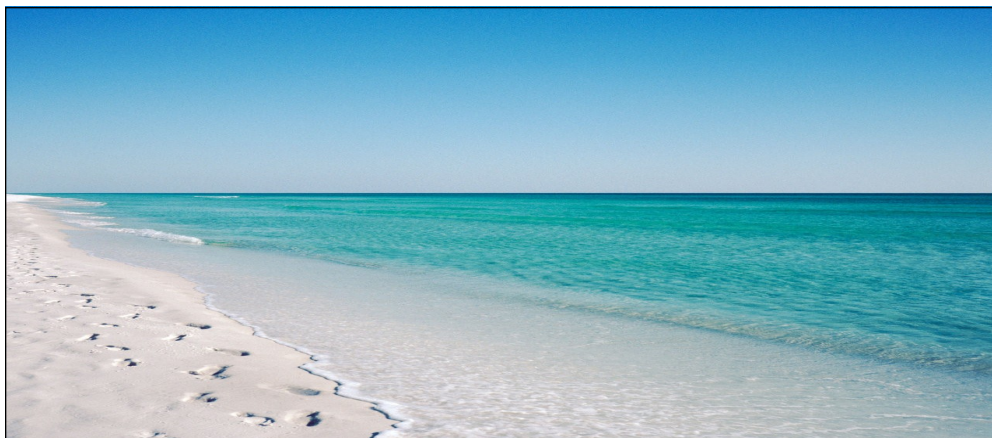
Tell us about your favorite vacation or place to visit.

I love the ocean, and think every winter you should dip your feet in the warm gulf waters. The Fort Myers area, Sanibel Island, Captiva Island in Florida are favorite spots.

What is your favorite activity or hobby?

I enjoy walking outside, enjoying the weather and scenery as often as I can, and my dog loves that I like to walk.

Linda currently is employed at Springfield-Greene County Health Department as a Community Health Nurse. Her areas of responsibility include the immunization program and lead case management program. Linda is involved in the Drug Task Force coalition and the Southwest Missouri Pediatric Immunization Coalition, and the secretary for MNPH.



Meeting Minutes: September 20, 2012

(to be approved at the
next meeting)

Location: Springfield-
Greene County Office of
Emergency Management

Attendees: 36 present
(including our 2 speakers)

This picture was taken
from the view of the first
floor down into the situa-
tion room at the Public
Safety Center at our last
meeting during our facility
tour.

Ryan Nicholls, the Emergency Management Director of Springfield-Greene County Office of Emergency Management spoke to us on the new facilities at the Emergency Management building. The building can hold 200 personnel during a disaster and is made to withstand an EFS tornado with up to 250 mile an hour winds. The site is designed for meetings, education and training and to manage preparedness for disasters, before and during disasters. The building houses the 911 office. September is the National Preparedness month and discussion involved; being prepared, have a plan, stay informed and get involved.

Dwayne Doran, BS, Director of Safety and Security Mercy Health Springfield gave a presentation reviewing the Joplin disaster of 2011 (May 22). Mr. Doran was in the trenches during this disaster that is so close to home and our hearts. He presented a power point reviewing the immediate aftermath and giving new insight to what went on in the hospital. There were 117 working employees, 183 inpatients, 25 waiting in ER, 4 newborns, 1 surgery taking place and 28 critical care patients in Mercy while the tornado wrecked havoc in the 45 seconds that it took to go through the hospital.

Business meeting:

Minutes were reviewed and accepted from the June meeting. Treasurer report was given; ending balance \$218.50. A tour was done of the Office of Emergency Management. Our next meeting is at the Elfindale Mansion with a new date of December 6th for the meeting. We will be having our silent auction at the December meeting.



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Try to find JOY in your upcoming festivities with family and friends. Discover your own mission for this time of year, rejuvenate yourself, and I hope each of you can find PEACE and JOY this winter season.

Join us for our next MNPH meeting on December 6th in Springfield at The Mansion at Elfindale, 1701 South Fort Avenue. The agenda is titled, *Parish Nursing*, and will include our annual silent auction. I am excited to hear about parish nursing in our community and the impact it is having. Faith community nursing has grown in SWMO in recent years, and I know we will enjoy learning about the wonderful health promotion activities these nurses are doing and about how we can partner more with them for community events. Come out and join us for a time of learning, networking, sharing resources, supporting each other, and contributing to improving the health of southwest MO.

Happy Holidays!*Dana Hunt*

*"May you have warmth in
your igloo, oil in your lamp,
and peace in your heart!"*

Eskimo proverb

